



MOUNT WADDINGTON REGIONAL HOSPITAL DISTRICT

February 15, 2022 MEETING AGENDA

Following the Regional District of Mount Waddington Board of Directors Meeting
Board Room, RDMW Administrative Office, 2044 McNeill Road, Port McNeill, BC

Join Zoom Meeting:

<https://us02web.zoom.us/j/81601126988?pwd=aXR0bHhBYmN5MjV4S1I3ZXlGSiF1QT09>

Page	CALL TO ORDER
	A. APPROVAL OF AGENDA
1	Adoption of February 15, 2022 MWRHD Meeting Agenda as Presented (or Amended)
	B. ADOPTION OF MINUTES
2-4	Minutes of the MWRHD Meeting held January 18, 2022, as Presented (or Amended)
	C. REPORTS
	1. Report from Max Jajszczok – VIHA Executive Director
5-36	2. Report from Angela Smith – Health Network Coordinator Mount Waddington Health Network - Draft Strategic Plan 2022 - 2024
	D. NEXT MEETING – March 15, 2022
	E. ADJOURNMENT



MOUNT WADDINGTON REGIONAL HOSPITAL DISTRICT

January 18, 2022 Minutes

Following the Regional District of Mount Waddington Board of Directors Meeting Board Room, RDMW Administrative Office, 2044 McNeill Road, Port McNeill, BC

Present: In person: Andrew Hory (Chair), Sandra Daniels, Rod Sherrell
Via Zoom: Directors Dennis Buchanan, Kevin Cameron, Janet Dorward, Dennis Dugas, James Furney, Gaby Wickstrom

Staff: In person: Greg Fletcher, Administrator

Via Zoom: Nadine Weldon, Recording Secretary; Nicole McDowell, Receptionist; Max Jajszczok, VIHA Executive Director, Dr. Nicole Bennett-Boutilier, Mount Waddington Medical Director, Lesly Deuchar, Director of Clinical Services, Dean Wilson, Indigenous Health Northern Region Manager

Resolution No. **CALL TO ORDER Time 3:44 PM**
The Chair opened the meeting by acknowledging that this meeting is taking place on the traditional territory of the Kwak'waka speaking peoples.

A. APPROVAL OF AGENDA

Moved/Seconded/**CARRIED**
001/2022 THAT the January 18, 2022 MWRHD Meeting Agenda be approved as presented.

B. DELEGATIONS – NONE

C. ADOPTION OF MINUTES

1. Minutes of the MWRHD Meeting held December 21, 2021.

Moved/Seconded/**CARRIED**
002/2022 THAT the December 21, 2021 Mount Waddington Regional Hospital District Meeting Minutes be approved as circulated.

D. CORRESPONDENCE - None

E. REPORTS

Report from Max Jajszczok:

- Introduction of the new triad leadership team for Mount Waddington Area Health Service Delivery for VIHA. Dr. Nicole Bennett-Boutilier, Medical Director, Lesly Deuchar, Director for Clinical Service Delivery, Dean Wilson Indigenous Health Northern Region Manager.
- At the last meeting, there was concern about keeping the hospitals open during the holiday season due to staffing issues, which is exacerbated due to both nursing and lab technician shortages.
 - o Projections for COVID appear to be leveling out currently, but full impact is not yet known.

- Contingency plans for Hospital delivery are in place and developing as situations arise.
 - If Hospital closure must happen, information will be disseminated as quickly as possible. Staffing levels will determine which hospital would be affected.
 - The Port McNeill Primary Clinic will be going to phone appointments for a minimum of five days, as some staff have tested positive for COVID. Concerns raised that messaging should go out as quickly as possible. Lesly has agreed to review this.
 - Additional staffing has been put in place to include a new manager position for acute and primary care systems, as well as a clinical care coordinator in Port McNeill and Port Hardy. These roles have been filled by Lori Vesper, and Jodie Wright respectively.
- Mayor Wickstrom would like to ensure that the new triad team is aware that the Town of Port McNeill would like to be involved, to aid and facilitate partnerships.
- The Triad team is definitely open to this, and although they are new in these positions, this is definitely high on the priority list, along with primary care governance and ensuring that small rural communities feel included.
 - Primary goal is to ensure that all the people on the North Island receive the care they require in a timely manner.
 - There are long term physicians in the Primary Clinic and VIHA will continue to support Dr. Armogam in his private clinic.
 - In 2020 Dr. Armogam had indicated that he would transition to partial retirement, but agreed to continue to serve smaller, remote communities, including Sointula, Woss and Zebalos. If Dr. Armogam decided that he was no longer available to attend one or all of these communities, a tender would go out for a physician to attend these communities, and this would be a joint decision between VIHA and the community in question.
 - Dr. Bennett-Boutilier reiterated that recruitment and retention of staff in all disciplines for the North Island is a top priority.
 - The change of staffing does not affect the MOU between Island Health and the Regional District.
 - There is a schedule set for renovations at the Port McNeill Clinic, hoping to start early spring, but a timeline is not available currently, due to the age of the building.
 - Thank you to the Regional Hospital District for assisting the purchase of the clinic building.
 - VIHA is aware of the housing shortage and have planned for a variety of different temporary housing for new staff, as an inducement for recruitment. VIHA is struggling to bring capital to a project but can bring operational funding to a project. If the Regional District is looking at housing projects, please bring VIHA in on the discussion to see if assistance with funding can be provided.

Moved/Seconded/**CARRIED**

003/2022 THAT the VIHA Executive Director verbal report be received and filed.

Health Network Report: Presented by Andrew Hory

- Per Chair Hory: Reminder that the Strategic Planning Meeting will be held tomorrow morning. If anyone is interested in the meeting, but not able to attend, a report will be made available.

F. BYLAWS - None

G. COMMITTEE REPORTS - None

H. HEALTH NETWORK BUSINESS - None

I. OTHER BUSINESS

Proposed Meeting in Alert Bay re: Cormorant Health Centre staffing issues.

- *The meeting will include member of affected First Nations, as well as interested parties of the Regional District to discuss next steps regarding issues of staffing at this facility.*

NEXT MEETING – February 15, 2022 following the RDMW Board of Directors meeting.

004/2022

J. ADJOURNMENT

Time 4:30 PM

CHAIR

SECRETARY

DRAFT

February 15, 2022

Dear Regional Hospital District Board

Re: Strategic Planning for the Health Network 2022 – 2024

Thank you to everyone who has participated, shared, and learned with us through the process of Strategic Planning from November 2021 through January 2022. We've heard and connected with a lot of people and have some very good ideas about how to shape our operations to achieve some of the goals that we, as a community, have set for ourselves.

Attached is a high-level PDF that goes through the short-term goals we've set for the next two years. These goals are in many cases a continuation of the goals we set in 2020, which are designed to support movement towards the medium and long-term vision of the Network partners for better services, equitable access, and quality of life in the region.

Our next step, which occurs at the committee level, is to build operational plans to bring our goals to life. These action plans will address items like capacity, roles, responsibilities, opportunities, and as always, budgets. We look forward to sharing these documents with you in the coming months, and we always appreciate hearing about ongoing ideas for preventative "upstream" actions that may help us achieve *healthier people and healthier communities*.

This year is already off to a strong start. Within our network we are looking for funding and opportunities to support increased capacity and operations. This includes an application for a research grant on Substance Use and Recovery Services with Island Health submitted in January, and an emerging partnership with FNHA and other partners in support of a Community Action Team (CAT). As a Network there is a feeling we are in a good place to increase our communications, foster sensitive discussions, and support better systems navigation without confusing the public, creating false referral portals or overburdening those working in our committees, organizations and throughout the network.

Thank you call for your support and stay tuned for more from the Network. Please reach out with questions on any of our Strategic Items!

Kindest Regards,

Angela

Coordinator, MWHN



DRAFT STRATEGIC PLAN

2022 - 2024



VISION

"Healthy People, Healthy Communities."

MISSION

Use our collective knowledge and good will to improve the health status of Mount Waddington area residents and reduce or eliminate health inequities for all people.

VALUES

We value inclusion, diversity, fairness, collaboration, time, and transparency. In gathering, we strive to provide a positive, universally respectful, culturally safe environment.

THE MOUNT WADDINGTON HEALTH NETWORK STORY

The Mount Waddington Health Network (MWHN) is supported by local and Provincial partners in health care, Mount Waddington area communities, local First Nations communities, non-profit organizations, and dedicated volunteers.

Our members and partners use their collaborative knowledge to work towards improving the collective health status of area residents to reduce or eliminate health inequities.

This is done by focusing and working on projects that aim to *keep people healthy, and out of acute health care.*



THE MWHN COLLECTIVE STRATEGY

MWHN committees meet regularly to discuss issues, strategize solutions, and develop projects relating to the *key determinants of health* with the goal of supporting healthy people, and healthy communities. The *key determinants of health* are the broad range of personal, social, economic and environmental factors that determine individual and community health.

Health Canada has defined the 12 key determinants of health as:

- 1. Income & social status**
- 2. Employment & working conditions**
- 3. Education & literacy**
- 4. Childhood experiences**
- 5. Physical environments**
- 6. Social supports & coping skills**
- 7. Healthy behaviours**
- 8. Access to health services**
- 9. Biology & genetic endowment**
- 10. Gender**
- 11. Culture**
- 12. Race & Racism**



DEFINING PRIORITIES & MAKING DECISIONS

Priority action items at the health network are determined by consensus.
We evaluate:

- **NEED** - *the degree of need demonstrated in communities, and the consequence of inaction*
- **MAXIMUM IMPACT** - *the ability to gather partners, share a vision, and impact as many people in as many communities as possible*
- **OPPORTUNITIES & TIMING** - *the will of Government and funders to financially partner and support any given initiative (if required)*
- **TIME REQUIREMENTS** - *Partner, Volunteer & Network time & resources*
- **TIMELINE** - *Short-, medium- and long-term goals that may be associated with any proposed collective action*
- **GOVERNANCE** - *committees' ability to complete tasks*
- **EQUITY** - *Assessing who will benefit and why, and who will not benefit, and why won't they?*



MWHN Committees 2022 – 2024

New for this term: Integration of Housing into our portfolio with the goal of achieving the final 3 points in the 2019 Housing Strategy



TABLE OF PARTNERS Our Governance Model

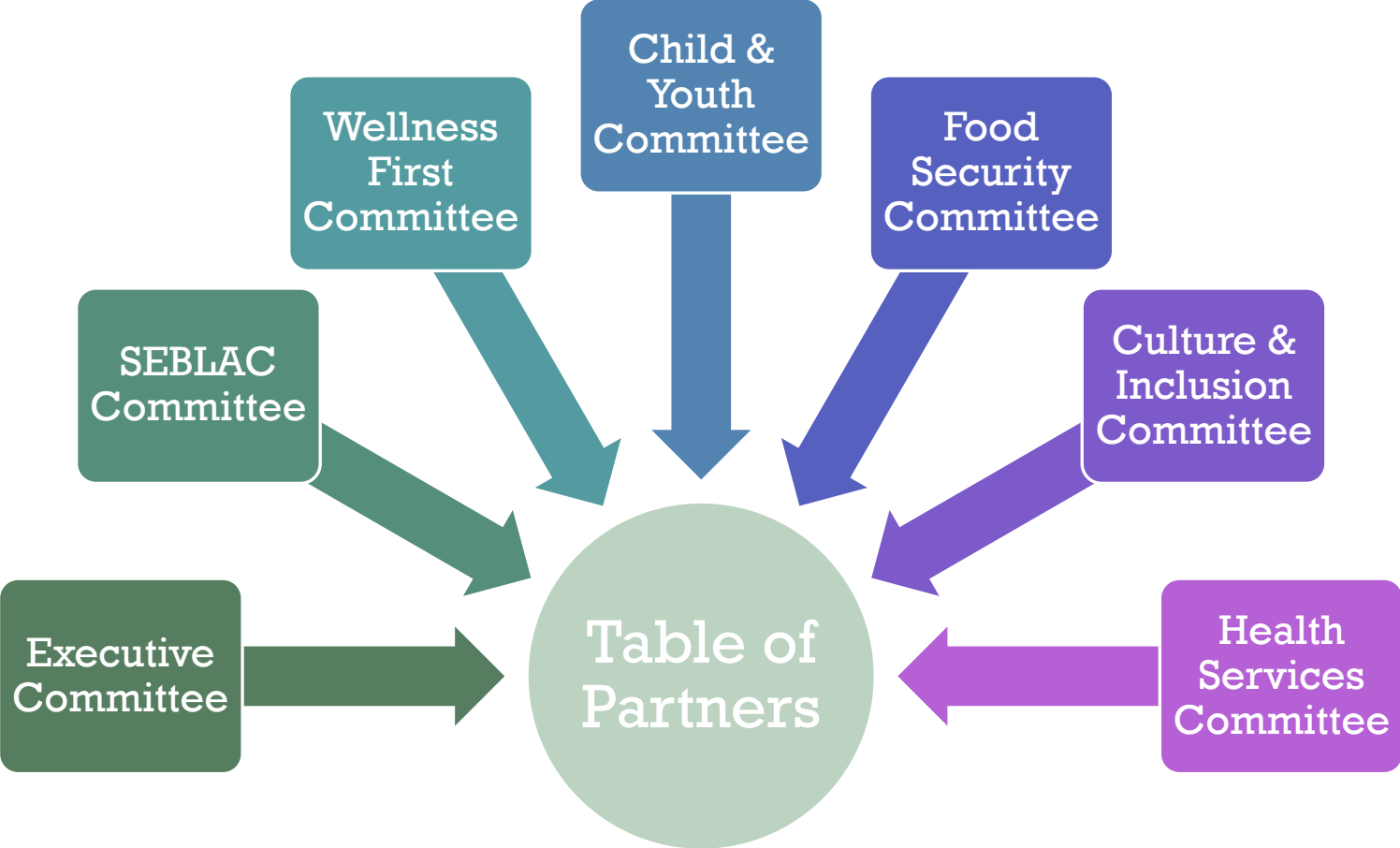


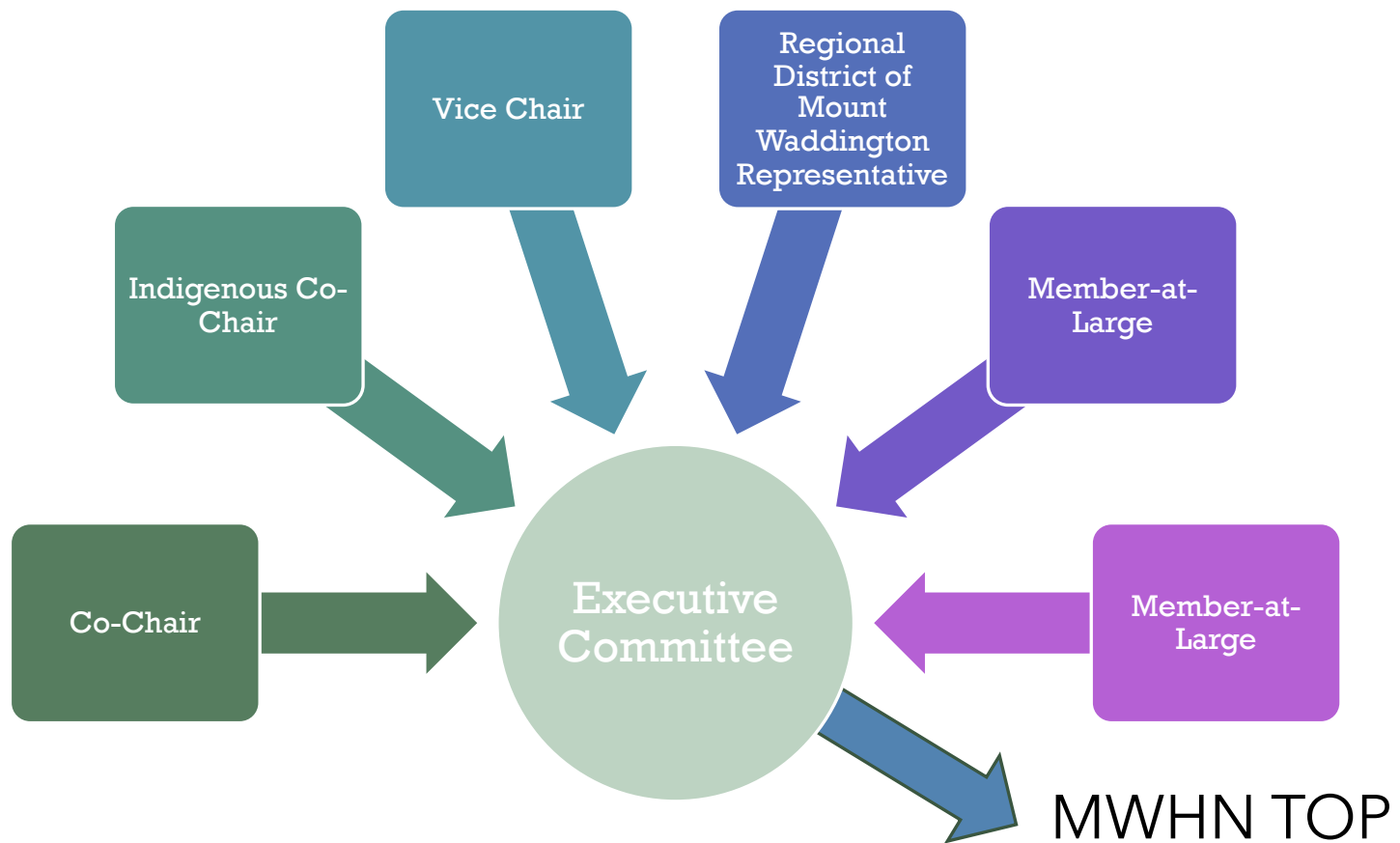
TABLE OF PARTNERS: Roles & Responsibilities

1. Provide leadership and oversight for the MWHN committees and forums
2. Serve as the liaison mechanism between the MWHN, and organizations that have responsibility for health-related services and activities including, but not limited to, Island Health, First Nations Health Authority, the Regional Hospital District of Mount Waddington, local government, First Nations, provincial and federal ministries, and other public service agencies and organizations
3. Maintain Network focus on the 12 key determinants of health
4. Make change by continually assessing the health needs of our communities and residents
 1. Collaborate to develop and implement strategies and resources to better meet the assessed needs
5. Be adaptable by continually assessing our mandate and the changing needs of our communities
6. Approve the annual budget as proposed by the executive, extraordinary expenses and annual financial reports
7. Recruit, select and support the Coordinator
8. Evaluate the Coordinator
9. Evaluate the annual strategic goals and objectives of the MWHN and, if necessary, amend



EXECUTIVE COMMITTEE

Governance Structure



2022 MWHN EXECUTIVE COMMITTEE: TWO YEAR TERM

Duties of the MWHN Executive Committee:

1. Provide governance oversight for the MWHN committees and TOP
2. Approve and/or develop the agenda for the TOP meetings
3. Act as the MWHN financial signing authority
4. Review and bring forward the annual budget to the TOP
5. Address business that arises between scheduled TOP meetings
6. Review and provide recommendations to the TOP regarding all contracts and expenditures
7. Provide monthly oversight and an annual performance review of the Coordinator position
8. Support the Coordinator in the demands of their role
9. Provide monthly written reports to the TOP
10. Meet monthly or as needed to facilitate the executive role

2022 – 2024 Executive

Co-Chair

Christine Swain, Foundry Port Hardy

Indigenous Chair

Stephanie Bernard, North Island Building Blocks
Dean Wilson, Island Health

Past Co-Chair

Pat Corbett-Labatt, District of Port Hardy

RDMW Representative:

Andrew Hory, Chair, RDMW

Member at Large

Lesly Deuchar, Island Health

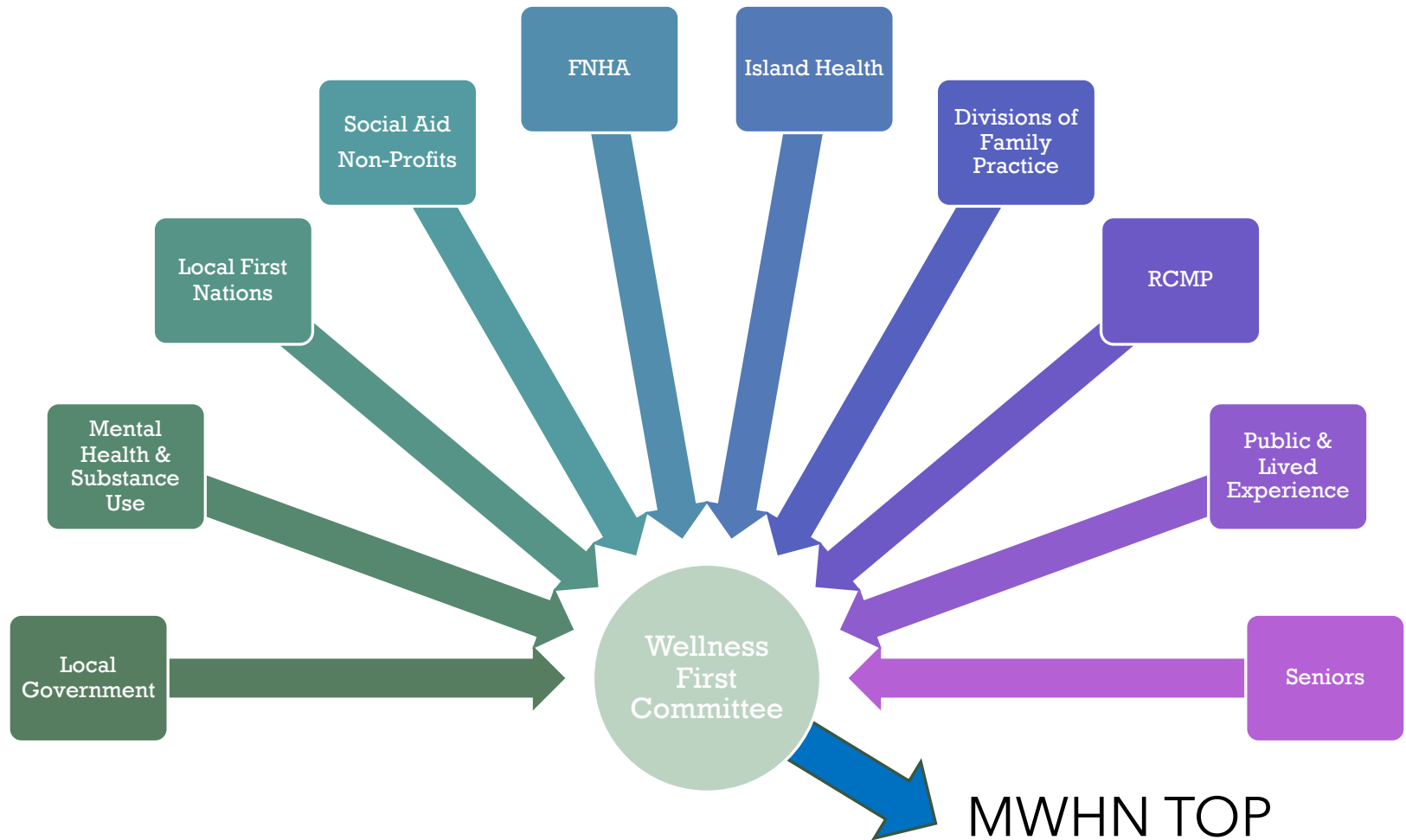
Member at Large

Rosaline Glynn, Hardy Bay Seniors



WELLNESS FIRST COMMITTEE

New for this term: Greater communication with remote communities and villages; honorarium for people with lived experience to participate



WELLNESS FIRST COMMITTEE

Vision, Mission, and Values of the Wellness First Committee:

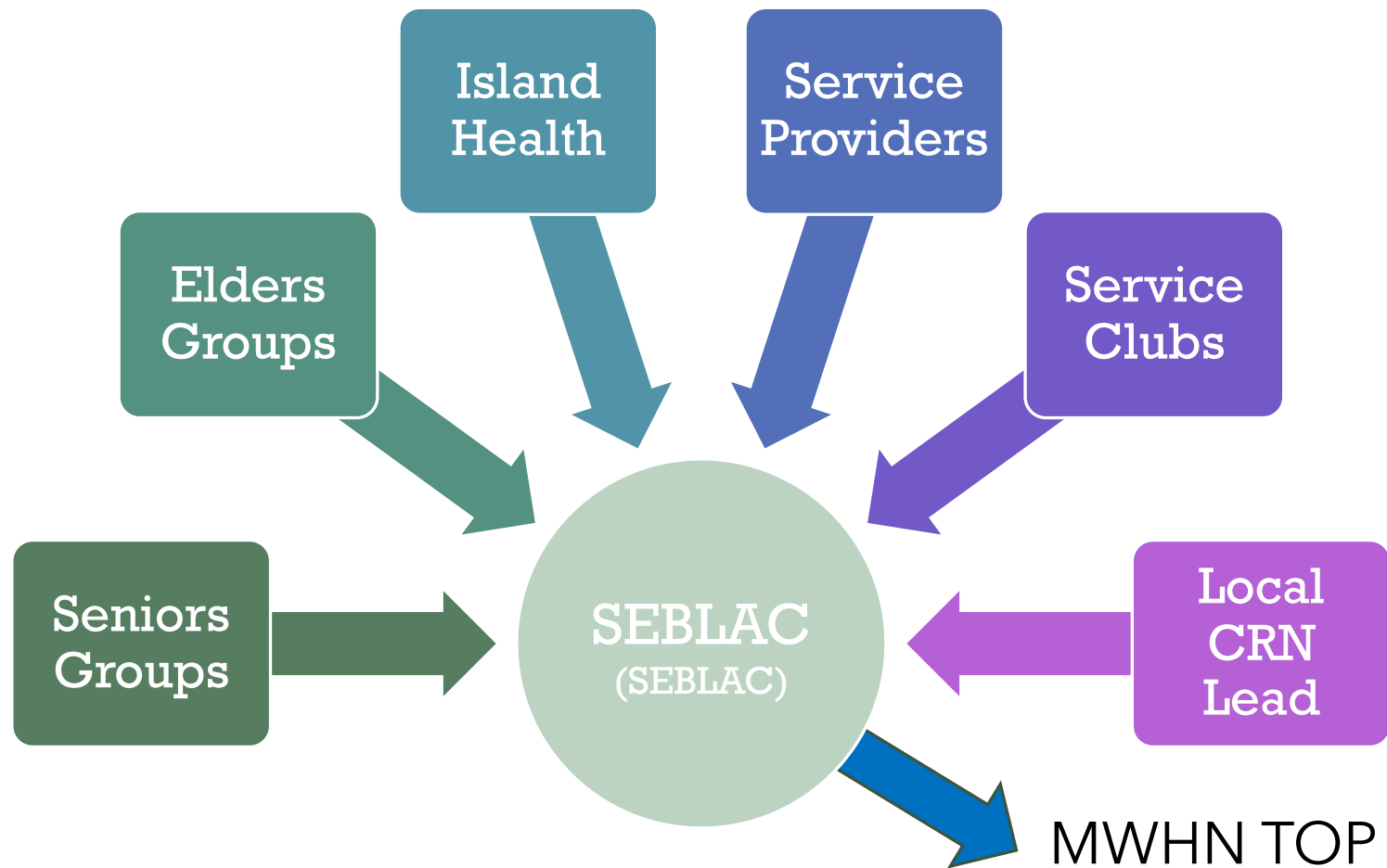
1. Vision: Healthy people, healthy communities.
2. Mission: Work to reduce the instances of harm to people impacted by health inequities, addictions, housing insecurity, poverty and access to transportation services
3. Values: Respect, inclusion, diversity, lived experience, contributors time

WELLNESS FIRST COMMITTEE 2022 - 2024

1. Go-Forward Goals 2022:
 1. **Housing Coalition - make operational**
 1. Finalize commitments from councils
 2. Post for coordinator role/Finalize Governance Model
 2. **Operations - Substance Use & Recovery Services Plan**
 1. Examine operational capacity for implementation of *Substance Use & Recovery Services Plan* goals
 3. **Transportation Action Plan**
 1. Continue to seek solutions for the transportation barriers impacting the region with specific focus on out-of-region transportation.
 2. Promote the under-utilized in-region options
 3. Evaluate increasing affordability issues and inflation
 4. **Consider a regional poverty reduction and work-support strategy**
 1. Continue community-based learnings, and collaborate to encompass the needs of the region
 5. **Continue the Needs Assessment Work for Homelessness and Housing Insecurity**

SENIORS ELDERS BETTER LIVING ADVISORY COMMITTEE

Governance Structure



SENIORS ELDERS BETTER LIVING ADVISORY COMMITTEE 2022 - 2024

Vision, Mission, and Values of the SEBLAC Committee:

1. Vision: Healthy, happy, aging and easy access to care
2. Mission: Connect seniors to community and care
3. Values: Inclusion, Socialization, Respect

SENIORS ELDERS BETTER LIVING COMMITTEE 2022 - 2024

Primary focus should be aging in place

Work with Community Health Services

Recommendation: every 2 months in-person meetings

Action Plan of the 2022 - 2024 SEBLAC Committee:

1. Go-Forward Goals:

1. Increase participation at SEBLAC to include elders and more community senior's groups.

1. Create a senior's organization directory and mailing list for the region
2. Re-establish key community contacts

2. Work with SEBLAC to best understand and implement a governance strategy that works for the SEBLAC participants and in accordance with the goals of the MWHN

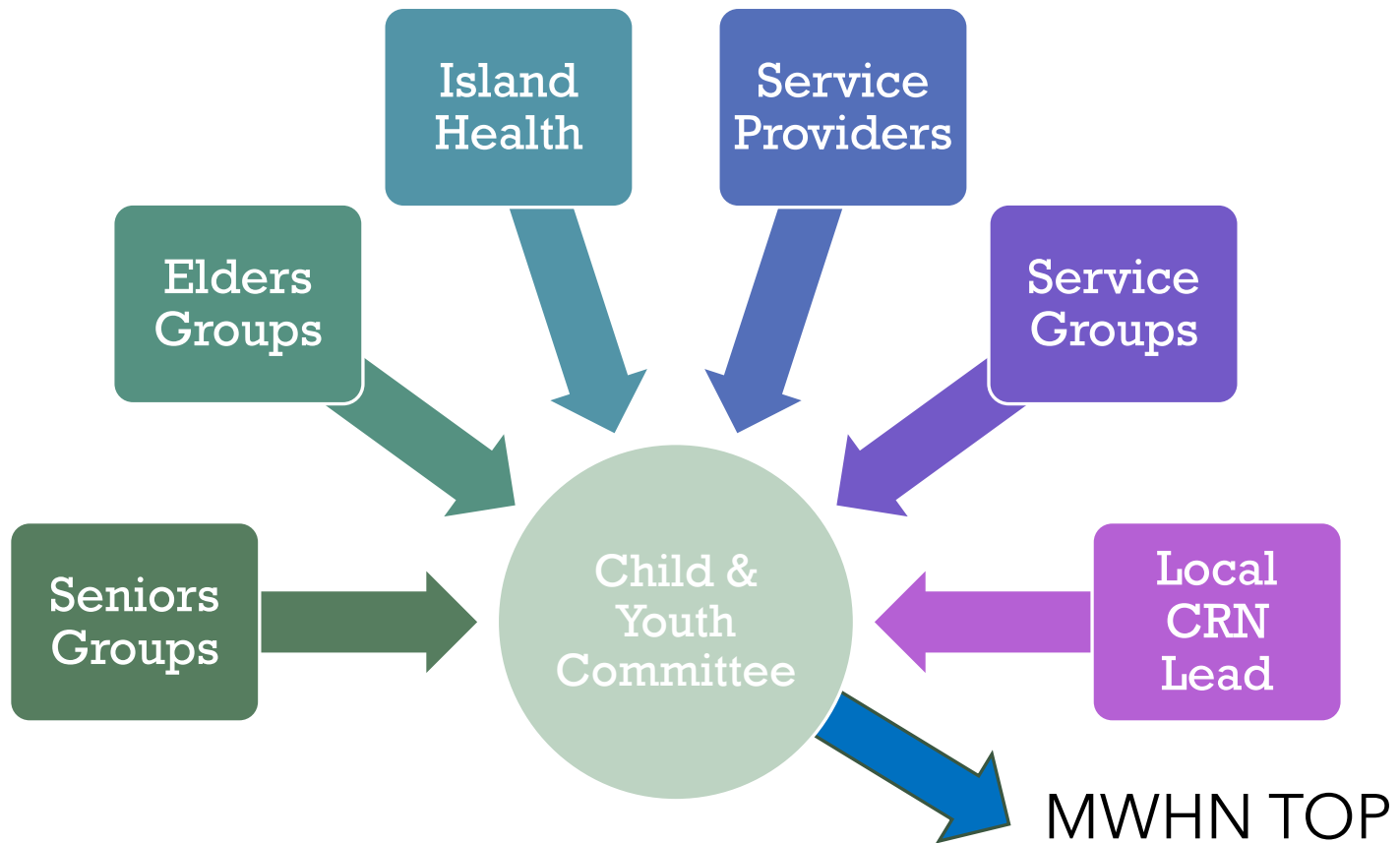
1. Coordinator works with existing committee on new terms of reference and volunteer structure

3. Create a regional communication strategy to spread information on health services, care options, housing, transportation, socialization options and more.

1. Using the information from the mailing list, brainstorm and complete the communications strategy

Focus more on services, including private care

CHILD & YOUTH COMMITTEE



CHILD & YOUTH COMMITTEE 2022 - 2024

Vision, Mission, and Values of the Child & Youth Committee:

1. Vision: Healthy youth and children growing into healthy adults
2. Mission: *Work with service providers, government agencies, educators, parents and all people in all communities, indigenous and non-indigenous, to better the environment for children and youth*
3. Values: *Safety, trust, inclusion, compassion, understanding*

CHILD & YOUTH COMMITTEE 2022 - 2024

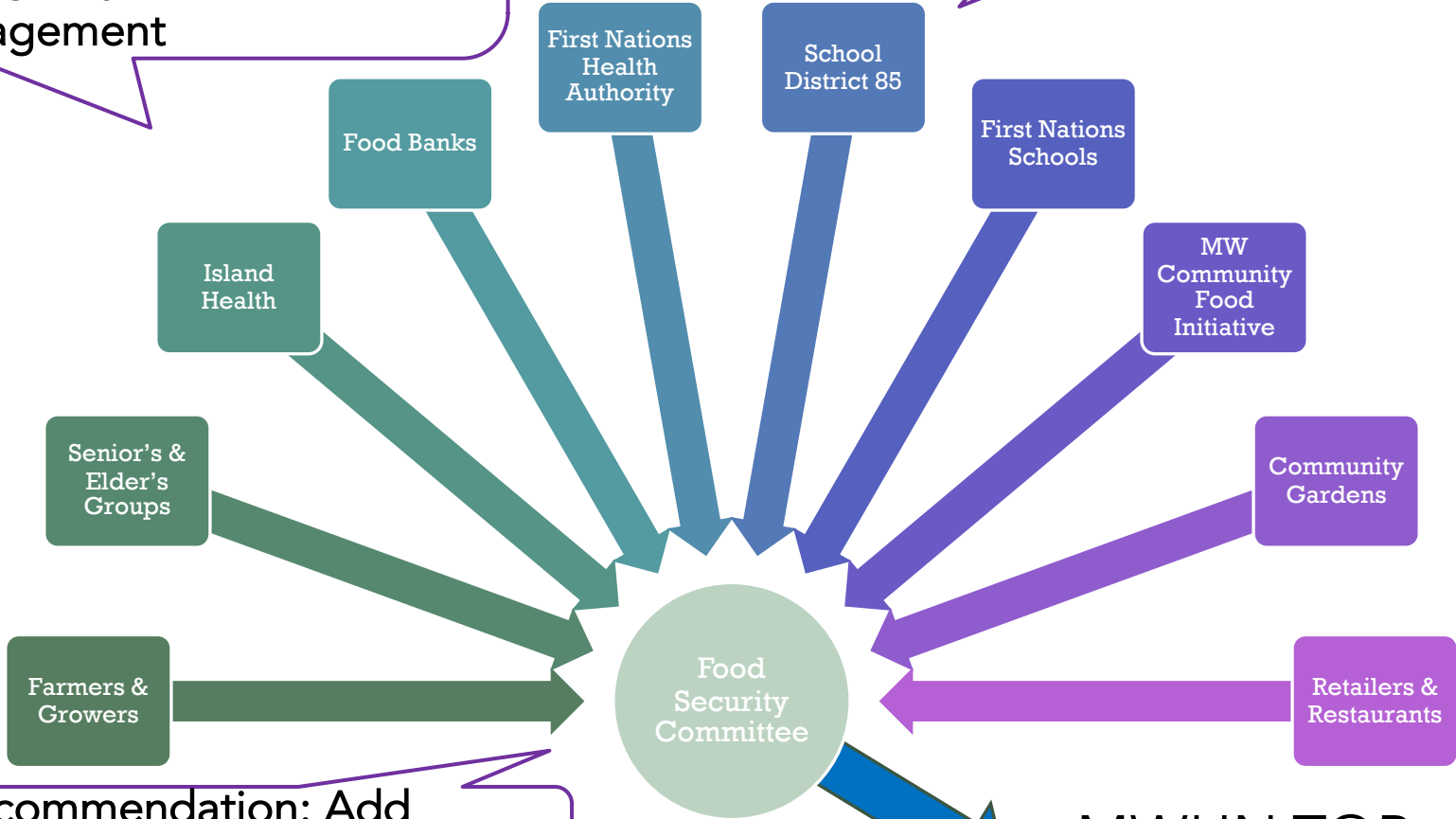
Action Plan of the 2022 - 2024 Child & Youth Committee:

1. Go-Forward Goals:
 1. **Optimize this committee for participants**
 1. Work with community to evaluate and increase validity or effectiveness of this committee
 2. **Consider focusing on regional group mailing lists and virtual communication**
 1. Focus on making connections easier, wider, and more time-effective
 2. Consider including youth & families directly
 3. **Support organizations in innovation leading to better child & youth care in the region**

FOOD SECURITY COMMITTEE 2022

Recommendation: Fund coordination of this work, especially if supporting Emergency food management

Recommendation: Environmental concerns missing; Emergency Management missing



Recommendation: Add economy, chambers

MWHN TOP

FOOD SECURITY COMMITTEE 2022 - 2024

Vision, Mission, and Values of the Food Security Committee:

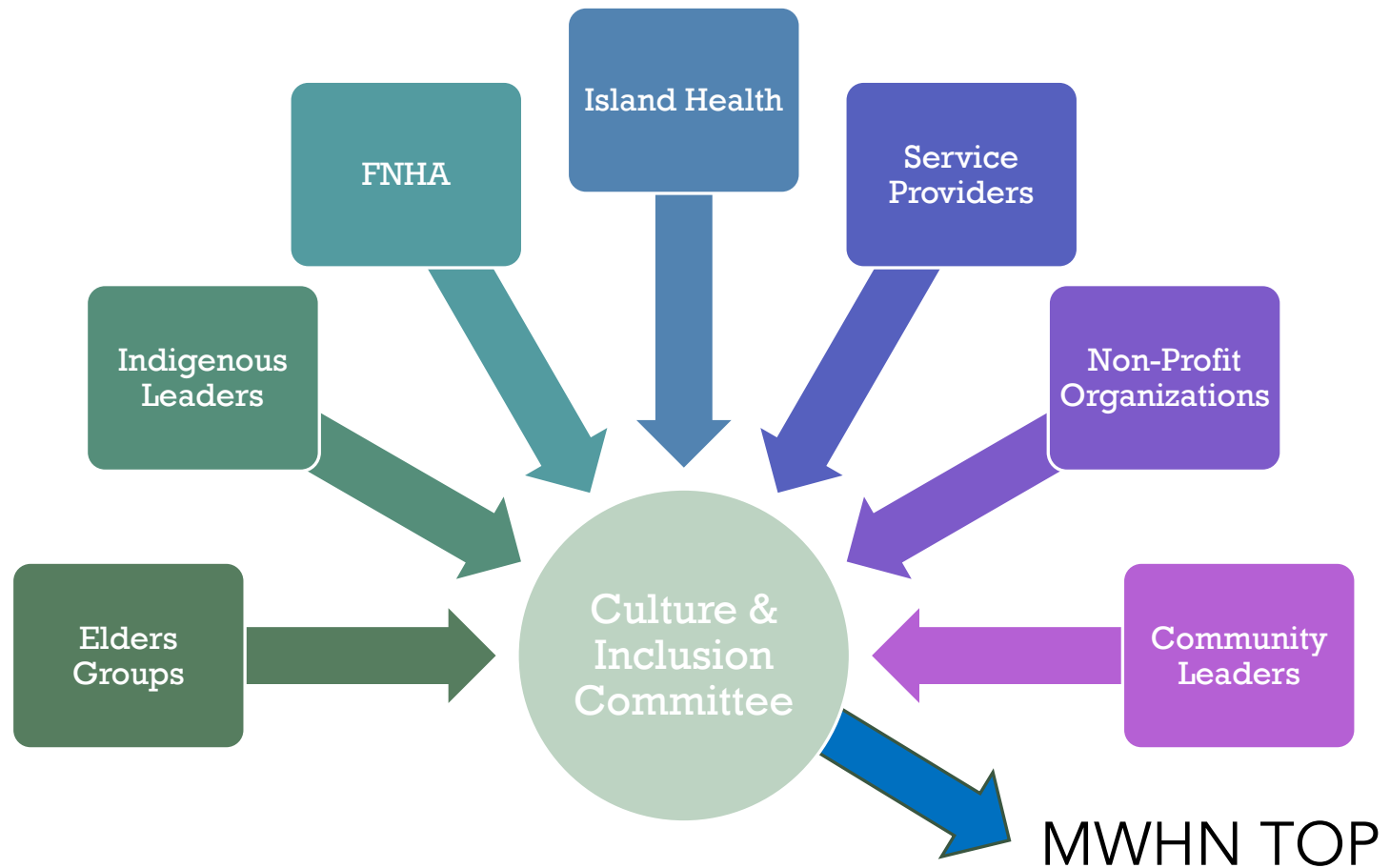
1. Vision: Increase levels of food security in the Mount Waddington Region
2. Mission: Support partnerships and communications to leverage funds, opportunities and maximize the impact of our collective effort
3. Values: Respect, sharing, collaboration, openness, knowledge

FOOD SECURITY COMMITTEE 2022 - 2024

Action Plan of the 2022 - 2024 Food Security Committee:

1. Go-Forward Goals:
 1. **Provide recommendation to leadership on cold and dry storage capacity for emergency food supply.**
 1. Evaluate the scope, budget and timeline of a proposed project
 2. Advocate to local Governments and provide grass-roots options
 2. **Review how we can support this committees ongoing efforts in the region.**
 1. Ensure that this committee is helping people in need with recommendations that lead to actionable outcomes
 2. This may be by way of grant supports, coordination, or communication
 3. Consider the financial needs of this committee
 3. **Review methodologies we can use to promote and expand understanding of food security.**
 1. Analyze this with experts in the region for best practices
 2. Create social media dialogue around food security and local access to food through social media campaigns and other grassroots initiatives

CULTURE & INCLUSION WORKING GROUP



CULTURE & INCLUSION COMMITTEE 2020 - 2022

Vision, Mission, and Values of the Culture & Inclusion Committee:

1. Vision: Have inclusive, supportive and engaged indigenous and non-indigenous people at all MWHN tables working collectively towards a common goal of universally healthy communities
2. Mission: Create dialogue within the health network that supports cultural safety, inclusion, participation and equity
3. Values: Diversity, cultural safety, inclusion, respect, listening, openness, time

CULTURE & INCLUSION COMMITTEE 2022 - 2024

Recommendation: twice annual in-person meeting or learning opportunity

Share a tool that teaches language use and protocols

Plan of the 2020 - 2022 Culture & Inclusion Committee:

Go-Forward Goals:

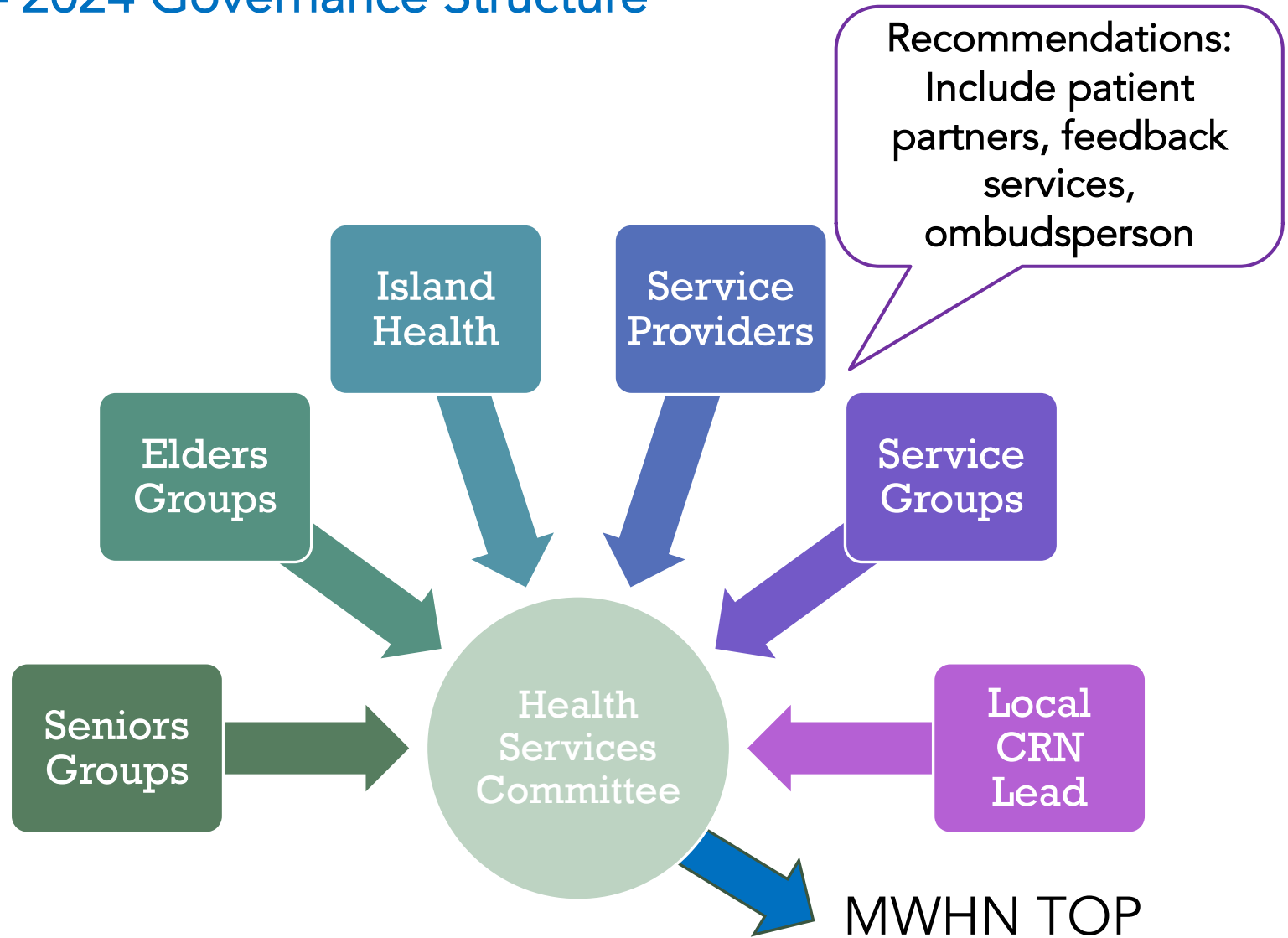
1. **Participate in Indigenous led learning opportunities.**
2. **Create an environment when all people are provided the opportunity to be respected, supported, and relevant in sharing at the MWHN tables.**
 1. Facilitate Cultural Training Courses
 2. Ask FNHA, and Island Health for guidance
3. **Foster dialogue about how we break down communication and cultural barriers within our community health and wellness initiatives.**
 1. Go-to and create more in-person outreach opportunities
 2. Draw from the common First Nations knowledge base and internal learning - participate in FN rituals and training opportunities
4. **Integrate the principals of Reconciliation into each of our committees, strategies and plans.**
 1. Meaningfully integrate the values into our action plans and language

Recommendation: Don't have a committee, integrate. Focus on sharing out links to first-hand information bi-monthly in a newsletter

Recommendation: Explore decolonizing our goals on this committee

HEALTH SERVICES COMMUNICATION COMMITTEE

2022 – 2024 Governance Structure



HEALTH SERVICES COMMITTEE 2022 - 2024

Vision, Mission, and Values of the Health Services Committee:

1. Vision: Regional health care services that are easy for all people to understand and access
2. Mission: Communicate with and help community access care in the best possible manner - at the right time, in the right place, and through the right avenue
3. Values: Respect, accurate and open access to information, courtesy, dignity, communication, mutual accountability

HEALTH SERVICES COMMITTEE 2022 - 2024

Recommendation: Create a health database/ mailing list of ALL

Go-Forward Goals

1. Short Term Goals:
 1. **Create a health services communication strategy for the region**
 1. Find a plan used successfully in other regions for use as a template
 2. Create communication strategy/budget
 2. **Educate the public in the access of services - when, where, how, why, and who can help them**
 1. Determine a community and public communication information/communication tree model
 3. **Operate as though this is a pilot project that could be implemented in other regions**
 1. Seek funding models, explore convening grants
 4. **Educate the public on the correct feedback mechanisms in communication of their concerns with care**
 1. Communicate: Patient Voices info; CRN; Ombudsman info; health authority and Provincial care information

GO-FORWARD GOALS 2022 - 2024

Next Steps: Building our Strategic and Operating Plans

1. Each of these strategic discussion points are part of a process of collecting ideas, opinions and data from the network and forming a plan that works for everyone.
2. The ideas and results from this process will be summarized and sent to each committee for discussion and integration into their strategic goals. This process will prioritize MWHN operations for the next two years.
3. This plan will be finalized for March in a report format that includes operational ideas for making our goals a reality.



Thank you, Gilakas'la.

We got this!