



# MOUNT WADDINGTON REGIONAL HOSPITAL DISTRICT

## November 15, 2022 MEETING AGENDA

Following the Regional District of Mount Waddington Board of Directors Meeting  
Board Room, RDMW Administrative Office, 2044 McNeill Road, Port McNeill, BC

Zoom Meeting:

<https://us02web.zoom.us/j/82457938490?pwd=ckxsYkFPbINTS1ZFSFhHTmRkUkdFZz09>

Page **CALL TO ORDER**

### **A. APPROVAL OF AGENDA**

1. Adoption of November 15, 2022 MWRHD Meeting Agenda as Presented (Or amended)

### **B. DELEGATIONS & RECOGNITIONS - None**

*This meeting is taking place on the traditional territory of the Kwak'wala speaking peoples*

### **C. ADOPTION OF MINUTES**

1. Minutes of the MWRHD Meeting held October 18, 2022, as Presented (Or amended)

### **D. CORRESPONDENCE - None**

### **E. REPORTS**

1. VIHA Verbal Report
2. Health Network Coordinator Report (Social Development Project Summary)

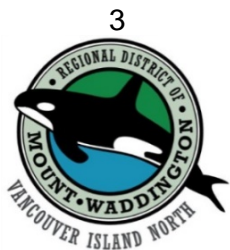
### **F. BYLAWS - None**

### **G. COMMITTEE REPORTS - None**

### **H. HEALTH NETWORK BUSINESS**

### **I. NEXT MEETING – December 20, 2022**

### **J. ADJOURNMENT**



# MOUNT WADDINGTON REGIONAL HOSPITAL DISTRICT

## October 18, 2022 Minutes

Following the Regional District of Mount Waddington Board of Directors Meeting Board Room, RDMW Administrative Office, 2044 McNeill Road, Port McNeill, BC

Present: In Person: Andrew Hory (Chair), Dennis Buchanan, Sandra Daniels, Janet Dorward, Dennis Dugas, Rod Sherrell, Gaby Wickstrom, Lesly Deuchar Island Health  
Via Zoom: Kevin Cameron, James Furney  
Staff: Via Zoom: Angela Smith, Nicole McDowell, Reception, Nadine Weldon, Recording Secretary

Resolution No. **CALL TO ORDER Time 3:04 PM**  
*The Chair opened the meeting by acknowledging that this meeting is taking place on the traditional territory of the Kwak'waka speaking peoples.*

### A. APPROVAL OF AGENDA

Moved/Seconded/**CARRIED**  
043/2022 THAT the October 18, 2022 MWRHD Meeting Agenda be approved presented.

### B. DELEGATIONS – None

### C. ADOPTION OF MINUTES

1. Minutes of the MWRHD Meeting held September 20, 2022.

Moved/Seconded/**CARRIED**  
044/2022 THAT the September 20, 2022 Mount Waddington Regional Hospital District Meeting Minutes be adopted as circulated.

### D. CORRESPONDENCE - None

### E. REPORTS

1. Lesly Deuchar: VIHA
  - An offer has been extended for the Rural Retention Coordinator. Once this has been confirmed, a name will be provided. All the candidates were local, strong and very engaged.
  - Staffing challenges have not gotten better, continue to struggle with nursing shortages. Have contracted with nine (9) new staffing agencies. Hopeful that this will provide some relief.
  - Also looking at longer contracts, preferential approaches for returning nurses
  - Physician workforce has also hit a wall as well, this is also high on the priority list. This includes engaging locum physicians to alleviate the pressure of the current physicians in the area.
  - An Area Health Summit is set for November 7 and November 8, 2022. This is going to be a facilitated meeting aimed at developing a consensus development process, which would include collaborative service delivery, retention and recruiter work. Agenda is under development.
  - Care aide contracts have just been ratified which included a significant retroactive wage increase.

Moved/Seconded/**CARRIED**  
045/2022 THAT the Island Health verbal report be received and filed.

2. Mount Waddington Health Network Coordinator

- The Health Network would like to issue a sincere thank you to all the elected officials who contributed their time and expertise to the conversation on health and wellness and the support you've shown the Mount Waddington Health Network for the relatively new methods of engagement, research and projects over the past four years.
- In general, across the Island, the Mount Waddington Health Network is leaps and bounds ahead of others re: grassroots connection. This was strongly facilitated by everyone coming to the table with open minds and unique perspectives.
- Work that has happened with the support of this board include:
  - o Advancements in the field of substance use and recovery services and forming a strategy around that
  - o 2019 Housing Strategy and the 2020 Housing Assessment
  - o The formation of a Housing Coalition
  - o A Mount Waddington Food Hub, currently in the initial stages, including core funding from United Way in the amount of \$100,000.00
  - o Launch of a direct Foundry
- All this work has seen an increased engagement and connections with Indigenous Health agencies in the region. Although there are still a lot of years to go, the movement forward is strong.
- From the past four years of engagement with Seniors Committees, local groups, surveys etc., this has led to work being done on a proposal for a Regional Seniors Coordinator.
- There will be an RFP launching this month for the Transportation sector and this brings together the Health Network and Transportation Committee.
- The Annual Health Forum is tentatively earmarked for April 2023.
- There will be holiday get togethers the last week of November in Port McNeill. Invitations will be sent out for that.

Moved/Seconded/**CARRIED**

046/2022 That the Mount Waddington Health Network Coordinator report be received and filed.

**F. BYLAWS - None**

**G. COMMITTEE REPORTS - None**

**H. HEALTH NETWORK BUSINESS - None**

**I. OTHER BUSINESS – None**

**NEXT MEETING** – November 15, 2022 following the RDMW Board of Directors meeting.

047/2022 **J. ADJOURNMENT**

**Time 3:23 PM**

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CHAIR

\_\_\_\_\_  
SECRETARY



Social Development Project Summary  
Fall/Winter 2022

Prepared for Regional Hospital District  
November 15, 2022



Angela Smith  
coordinator@mwhn.ca  
250-902-9015

# About the Mount Waddington Health Network

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## THE HEALTH NETWORK STORY: OUR HISTORY

The Mount Waddington Health Network (MWHN) was founded 19 years ago under the guidance of Island Health and is the oldest Health Network on Vancouver Island. Our Network is constituted of Mount Waddington area community leaders, local First Nations, communities, non-profit organizations, local and provincial partners in health care, and volunteers.

Participants make extensive in-kind contributions in time, resources, and knowledge sharing. Island Health provides our annual core funding and guides our mandate to focus on the key determinants of health which support preventative measures of keeping people healthy and out of acute care. All planning, decision making and action happens between our partners at multi-agency tables.

## HEALTH NETWORK COMMITTEES

1. Wellness First - Addressing Substance Use Services, Poverty Reduction, and Mental Health
2. Housing Coalition - Addressing gaps in housing data; Performing Homelessness Counts
3. Child & Youth Committee - Supporting Foundry; Child & Youth Service Delivery
4. Food Security Committee - Supporting the Mount Waddington Food Hub through the management of community spokes.
5. Seniors Elders Better Living Advisory Committee - Supporting a seniors communication network
6. Health Services Communication Committee - Facilitating discussion in the region
7. Table of Partners - Committee Leads & Key Community partners in decision making

## COMMITTEES

The MWHN is divided into committees to optimize participants time and focus the energy of participants into actions and discussion related to their relevant areas of expertise. Time is valuable, and we work to set agendas that are goal oriented.

Committees meet regularly to discuss issues, strategize solutions, and develop projects relating to the key determinants of health with the goal of supporting health people, and healthy communities.

*WE ARE GRASSROOTS, MULTI-AGENCY, AND RESULTS-FOCUSED! Contact us to join the conversations.*

Mount Waddington Health Network

SDG Progress Report 2022

Created for Regional EcDev

*We respectfully and gratefully live and work on the traditional territory of the Kwakwaka'wakw*

## THE KEY DETERMINANTS OF HEALTH

The key determinants of health are the broad range of personal, social, economic, and environmental factors that determine individual and population health. Health Canada has defined the 12 key determinants of health as:

1. Income & social status
2. Employment & working conditions
3. Education & literacy
4. Childhood experiences
5. Physical environments
6. Social supports & coping skills
7. Healthy behaviours
8. Access to health services
9. Biology & genetic endowment
10. Gender
11. Culture
12. Race & Racism

# Project Summary - Fall/Winter 2022

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## REGIONAL HOSPITAL DISTRICT REPORT

November 15, 2022

As of November 10, 2022 (report-writing day for the RHD) we have just concluded the two-day Health Summit held by Island Health and the Rural and Remote Division of Family Practice held November 7th and 8th in Port Hardy. We will be working to summarize our perspective on findings on this day for our December 1st Table of Partners Meeting, and (if available) we'll provide any outcomes of the day from IH & Divisions, etc.

On that note, our regular December 1st Partners Meeting (first Thursday of the month) will be held in person at the Port McNeill Community Hall 10:30 - 12:30 pm - and we welcome anyone interested to join our meeting. Please RSVP to [coordinator@mwhn.ca](mailto:coordinator@mwhn.ca). At this meeting we'll have the following agenda:

### AGENDA

10:30am Doors open, welcome

Food & Drink Service, mix, mingle, conversation

11:00 Formal Opening

- Indigenous Welcome & Prayer
- Health Network Welcome (Co-Chairs)
- Food Security: Food Hub Funding - 100K
- The Year In Review (Our Strategic Vision, Projects)
- Health Summit Update from Nov 7/8
- Housing Coalition & Homelessness Count
- Regional Seniors & Elders Services Navigator Project
- Transportation Study Update
- Other News & Upcoming Events

12:30 Formal Close

For those new to the conversation, it is important to note that the Health Network is core funded by Island Health to focus on issues related to *'upstream' community wellness* and we are representative of many perspectives in the health care continuum. We have a governance system that ensures group consensus in our plans and actions. In alignment with our ongoing process, we are happy to onboard new council and elected officials as to the work being done and re-present the two-year strategic plans of the network, of which we are now nearly 50% complete. Congratulations to all the returning and new Mayors and Councils!

On the next page of this document you'll find a high-level list of the projects underway at the Health Network. Additional information can be requested from the network, or found online. Please contact us if you'd like to participate more, or talk to a member of our executive to learn more about what's happening through the network. Andrew Hory, Pat Corbett-Labatt, and Shelley Downey are all long-standing health network members and advocates for community health who may be able to answer some of your questions today.

Thank you, Gilakas'la,

Angela  
Mount Waddington Health Network Coordinator,  
*on behalf of our Network Partners.*

# Project Summary - Fall/Winter 2022

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## Housing Coalition

2022 Mount Waddington Housing Coalition Formed; Research Phase Fall/Winter 2022

2022 Homeless Count - November, Port Hardy

2021 First Rurally-Based Homeless Count in BC

2020 Mount Waddington Housing Needs Assessment

2019 Mount Waddington Regional Housing Strategy

## Transportation

2022 RPF for In-depth Regional Transportation Needs Assessment - October

2020 High Level Transportation Needs Assessment

Ongoing: Sit on Regional Transportation Advisory Committee, RDMW

Historically: Involved in Transit Route Establishment

Historically: Founded & Funded the Volunteer Transportation Network (VTN)

## Substance Use & Recovery Services

2022 Supporting Stigma Reduction: Communication Plan

2022 Safer Place to Be Pilot Project, Port Hardy

2021 Mount Waddington Substance Use & Recovery Services Plan

## Seniors & Elders

2022 Project Launch: Seniors and Elders Health Services Navigator; Regional Coordinator

2021 Created Mount Waddington Seniors Database

## Food Security

2022 Regional Food Hub - Spoke Facilitator with MW Food Hub & United Way

Ongoing Food Security Committee Meetings

## Health Services Communication

2023 Regional Health Forum - Slated for April

2022 Community Health Talks Host - Health Services Webinar; Island Health, TPM, Namgis

2022 Social Media Communication Strategy Launch

Ongoing: Attraction & Retention Conversation and Planning

## Children & Youth

2022 Foundry Opening, Port Hardy

Ongoing: Committee Work

Mount Waddington Health Network

SDG Progress Report 2022

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